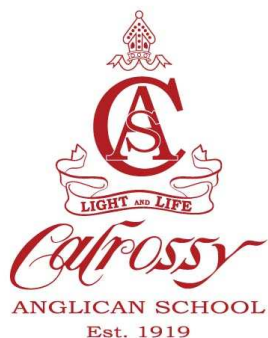


# CALROSSY ANGLICAN SCHOOL

## Primary Newsletter



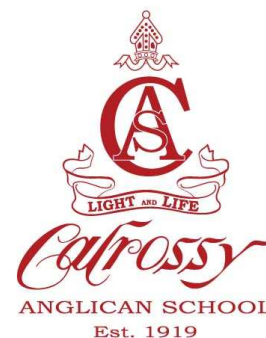
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### FROM THE HEAD OF PRIMARY

#### **P and F**

The major fundraiser for the year happens this coming Saturday evening with the Calrossy “Black And White Ball” to be held at the Peter Smart Centre on the Brisbane Street campus. I would like to thank in advance all those who have helped organise this fund raiser and those who will be attending, for their support. I am sure it will be a wonderful evening as all tickets have been sold.

The P and F continue to be a wonderfully supportive organisation and have contributed much to the on-going education of the students at the school through the provision of many classroom resources and playground improvements. We are very lucky to have such a dedicated group of organisers and supporters of the school’s endeavours.

The next P and F meeting will be held on Tuesday 1 September commencing at 7:30 pm. I encourage your attendance at these meetings. I am hopeful of presenting at this meeting the updated Welfare and Discipline Policy that the staff have developed in response to the review held earlier.

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#### *Thought for the Week*

“Jesus told his disciples, that they should always pray, and not give up.”

*Luke 18:1*

## **HRIS Athletics**

Congratulations must go to all children who travelled to Newcastle last Wednesday to take part in the HRIS Carnival. I was delighted to hear of the exemplary behaviour and participation of all our children, even when things did not quite go their way. We had some excellent results and have a number of children selected to represent the HRIS at the Combined Independent Schools' Carnival later in the year.

## **Tidy Towns and Sustainable Schools**

Yesterday we had a visit from the Tidy Towns Judges to view the work the children have been doing around the school gardens and down at the Jewry Street site where the children, under the guidance of Mr Tockuss, have been working to improve the environment. The team were very complimentary about the school grounds, the water storage, the worm farm and associated activities that go with environmental education. Congratulations to all involved for such high praise from the judges.

## **Year 3 Dubbo Excursion**

This Thursday and Friday sees the Year 3 annual overnight excursion to Dubbo. The children will be accompanied by Mr O'Callaghan, Miss Power and Mrs McCulloch. I am sure the children will have a great time and enjoy this wonderful learning experience.

## **School Development Day**

This term's school development day will be held next Monday, 24 August. This is a 'pupil free day'. Staff will be involved in a number of Professional Learning activities throughout the day, and will be looking at policy development and organisational matters for the rest of the year.

## **Grandparents' Day**

Many thanks to those who have offered to help with morning tea on Grandparents' Day. If you are able to assist please contact the school office.. We will need assistance from about 10:00 am.

## **Weekly Inspiration: Well-Known Prayers**

"God grant me the serenity to accept things I cannot change, the courage to change the things I can and the wisdom to know the difference."

"Lord make me an instrument of Your Peace; where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy."

"Grant that I may not so much seek to be consoled as to console; to be understood, as to understand; to be loved, as to love; for it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life."

*St Francis of Assisi*

**Robert Black**

## DIARY DATES

Aug	20	Year 3 Dubbo Excursion
	21	Year 3 Dubbo Excursion returns
	24	Staff Development Day (Pupil Free Day)
	25	Book Week Visiting Show "The Power of Story"
	28	HRIS Debating
	30	Tournament of Minds
Sept	1	P and F Meeting
	3	Grandparents' Day
	10	Primary Musical Production (Please note change of date from calendar)
	18	Church Service (Please note change of date)
	22	School Photo Day
Oct	2	Last Day of Term Three

## ASSEMBLIES

*We congratulate the following students who received awards in assemblies in the last week of Term 2:*

Kindergarten White:	Aaliyah Condon, Felix Peake.
Kindergarten Green:	Angus Cunliffe, Thomas Purkiss.
Kinder/Year 1 Gold:	Hugh Archbold, Jessica Davidson.
Year 1/2 White:	Hugo Barnes, Raghav Singh. Sabrina Mureau.
Year 2 Green:	Emily Phillips, Toby Craig.
Year 3 Green:	Charlotte George, Alex Cotten.
Year 3/4 White:	Ryan Ambrose, Emily Wiggan, Hugh Wolfgang.
Year 4 Green:	Jeremy Blakely, Samantha Brice, Charles Meyer.
Year 4/5 Gold:	Emily Jarrett, Samuel Low, Jaydon Merrick.
Year 5/6 White:	Emily Nicholls, William Chaffey, Kate Walters.
Year 6 Green:	Marielle Prazak, Tom Griffiths, Ethan Wighton

<b>Work of the Week:</b>	Olivia Saunders, Ethan Wighton, Thomas Hinchcliffe
<b>Christian Studies:</b>	Ethan McDonald, Deanna Cotton, Sarah Downton, Jack Awad.

### Assembly Roster

Assemblies are held on Friday mornings. Primary assembly will commence at 9:00am and Infants at 9:30am. All parents are invited to attend assemblies.

### **Infants Host Classes**

Week 4	21 August	Kindergarten Tree Plan
Week 5	28 August	Book Week
Week 6	4 September	Year 1/2 White (Mrs Ambrose)
Week 7	11 September	Kinder/Year 1 Gold (Mrs Nicholls)
Week 8	18 September	Church Service
Week 9	25 September	Kinder White (Mrs Bargwanna)
Week 10	2 October	Year 2 Green (Mrs Wilson)

### **Primary Host Classes**

Week 4	21 August	Year 6 (Mrs Hoy)
Week 5	28 August	Book Week
Week 6	4 September	Year 3 Green (Miss Power)
Week 7	11 September	Year 5 (Mrs Allum)
Week 8	18 September	Church Service
Week 9	25 September	Year 4/5 Gold (Mrs Moy)
Week 10	2 October	Year 3/4 White (Mr O'Callaghan)

## **SPORT**

### **Sport Days**

Sport days for Infants and Primary this term are as follows:

Infants: Tuesdays and Thursdays

Primary: Tuesdays and Fridays

### **Hockey**

Under 8 Girls drew 2-2

Year 6 Girls lost 0-2

Under 11's won

3/4 Girls lost 0-4

Year 5 Girls won 4-0

South United Workies lost 1-3

Under 13 South United won 5-2

Minkey Under 8 won

### **Netball**

Timbumburi Wildcats won 15-3

Year 5/6 Girls lost 20-25

### **Rugby**

Under 11 won one game and lost three

### **Basketball**

Year 3/4 Boys won 8-4

## **Soccer**

Under 7 East Albions won 10-0  
Under 7 OVA Mushies won 4-0  
Under 8 OVA Titans lost  
East Cowpers won 9-1  
Under 9 East Rovers won  
Under 9 East Magpies won  
Under 10 East Magpies lost  
Under 10 Hillvue Rovers won 8-0  
Under 10 OVA Mushies won 2 games  
Under 11 OVA Roosters lost

## **CIS Athletics**

On Wednesday 12 August our HRIS athletics team travelled to Newcastle to compete at the HRIS athletics carnival. Our team performed extremely well on the day and as a result we have some very talented students who will be competing at the CIS carnival at Homebush on 15 September.

We would like to extend our congratulations to the students listed below for their efforts and wish them the best of luck at the carnival.

Jack Cruickshank	11yr 800m
Lachlan Davidson	10 yr 100m and 200m
Katie Doherty	9 yr 100m
Percy Duncan	10 yr Discus and Shot Put
Emily Nicholls	12yr 800m and Javelin
Nicholas Parsons	11yr 100m and 200m
Jessica Saunders	10 yr 100m and 200m
Tori Saunders	11yr 100m and Long Jump
Tyler Simshauser	10 yr 100m
Jr Boys Relay Team	Percy Duncan, Lachlan Davidson, Tyler Simshauser and Angus Wolfgang

## SCHOOL NEWS

### Newsletter

We still have quite a few families who have not advised their email address. If you have not already completed an Email Request Form, please contact the office so that your email address can be added to our database.

### 'Rose Cottage' Wearhouse

**Hours** 9.00 am to 5.00pm Monday to Friday  
**Daily Deliveries** Please contact us before 9.30 am daily for deliveries to the school  
**Email** [rosecottage@calrossy.nsw.edu.au](mailto:rosecottage@calrossy.nsw.edu.au)  
**Telephone** 6767 2631  
**Fax** 6766 4043  
**Call into** 9 Raglan Street, Tamworth

### Dispensary

All pink Health Update/Excursion Health Forms are required by the office as soon as possible. Your child will not be able to attend school excursions if we do not hold this form.

### Equestrian

If your child is involved in or would like to be involved in Equestrian events, please notify the office of your email address so all information on upcoming events can be forwarded on to you.

### MS Readathon

Due to popular demand the MS Readathon reading period is now any 30 days in July or August.

### Year 5 and year 6 Cake Stall

The roster for Year 5 and Year 6 cakes is as follows:

Date	Class
Week 5 – 25 August	Year 6 Green
Week 6 – 1 September	Year 5 Green
Week 7 – 8 September	Year 4/5 Gold
Week 8 – 15 September	Year 5/6 White
Week 9 – 22 September	Year 6 Green
<b>No Cake Stall Week 10</b>	

**We ask that you avoid any food items that contain nuts.**

## **Library News**

**Visiting Speaker** – Tuesday 25 August “The Power of Story”. Two sessions with all students from Kinder to Year 6 attending.

The children will be listening to ‘Gennie Nevinson’, a talented actress with many years experience in film, television and live theatre. Her movie credits include “Muriels Wedding” and she played the specialist voice of one of the sheep in “Babe”. Her television credits include “Children’s Hospital”, “Wildside”, “Big Sky”, “Stingers”, “Water Rats”, “All Saints”, “Home and Away”, “Minder” and “The Bill”.

In her performance “The Power of Story”, Gennie uses clever use of voice, mime, movement and characterisation to draw students into her stories gathered from around the world. She presents a collection of stories in which individuals make a difference for the better and characters discover their true worth. In addition, students are encouraged to participate in the performance via a storytelling game segment in which Gennie improvises on ideas suggested by the audience.

When Gennie is not travelling and performing, she is active in her local community as a youth mentor and scripture teacher.

## **Prep Children’s Mask Parade**

Because Prep children are not attending school on the Friday we have our whole school book week assembly, the two prep classes will participate this week in book week activities via a special ‘Australian Animal Mask Parade’ for Kindergarten children. All their masks will then be on display in Pod two during Book Week (next week).

**Reminder: Book Fair next week. Tuesday to Friday 8:30am to 4:00pm.**

*Jenny Scott*  
*Teacher Librarian*

## **Lost Property**

Lachlan Oates has misplaced his bucket hat. Hattie Oates has misplaced her blue long sleeve sports shirt. Melissa Sherwood has misplaced her Spray Jacket. All items are named. Please check to see if you have any of these items of clothing by mistake.

## COUNSELLOR'S CORNER

Our general wellbeing is probably, at times not given the priority it should be due to the pace of everyday life. The average human being has over 60,000 thoughts a day, with those thoughts we make decisions about our own physical, mental and social needs. Parents therefore have the additional enormous responsibility of not only managing their own individual needs but also those of their children as well. As a parent, sometimes I function using the 60 – 40% rule (60% covered and 40% hopeful that it all will work out!).

Physical needs include diet and exercise, just as much as our body and brain needs nourishment to grow and to function, exercising our body and brain is also equally essential. We think in motion. Movement is instinctual and allows us to understand ourselves and our work, it fosters learning, innovation, adaptability, flexibility and resilience.

Mental needs include relaxation of our mind, mental skill development (communication, concentration, adversity management etc) and emotional self-management. “We feel, therefore we learn”, it is the pivotal point in the neuroscience of social and emotional development. We use both good and bad experiences in our lives to equip us with skills and strategies to cope and survive the next day. Just as our bodies can reach a point of physical exhaustion so can our minds. Relaxation should not be a luxury or last thought when we are stressed but part of our wellbeing priorities, as the benefits include increased productivity and higher levels of enjoyment.

So stay relaxed, you will work smarter for longer and enjoy yourself!

*Lynda Clements-Smith*

## **Calrossy Black and White Ball**

**Parent help is required** on Friday 21 August for setting up of the hall from 11:00am. This involves putting out the chairs, tables, lighting and decorations, serviette folding and setting and decorating the tables.

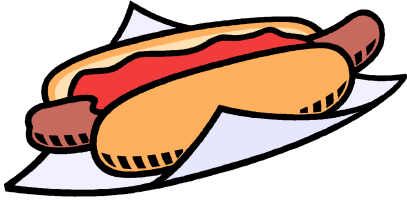
We also require hors d'oeuvres and slices for the night of the ball. If you are able to make something please leave with the catering staff in the dining room after 2:00pm on 22 August or bring with you on the night and leave with the catering staff. Please bring items in containers marked with your name or in disposable containers as the catering staff will be plating these items up for service. Thank you very much for your assistance.

Please contact Sally Prowse by telephoning the office for all enquiries.

The Calrossy Ball Committee would like to thank the following businesses and individuals who have so far made a donation towards the Calrossy Ball to be held on August 22. Should you or your business like to donate an item to be auctioned at the Ball please contact Dimity Saunders or Sally Prowse by telephoning the office:

Calrossy School  
Calrossy P & F  
Cody & Co  
Country Connect  
Danny Design Jeweller  
Fitness Plus  
Goodwin and Kenny  
Healthy Inspirations  
In Shoes  
Independent Communications  
Juliet Horsley  
Norm Hindmarsh  
Tamworth Hotel  
Tamworth Rugby Club  
Tamworth Vision Centre  
Terry Porter  
Tremain Prowse Valuers  
Mel Archbold, Sarah Reay and Simone Mitchell  
The Pub Group  
Perfect Pieces Jewellery  
Jane Orman  
Marie Larkin  
Karen and Terry Balla  
Sweet Secrets Lingerie

An anonymous donation of a Bernina sewing machine and Bottle of Grange Hermitage has also been received.



Take it easy on Tuesday”  
Lunch Order form 25 August

Name .....Class .....

Hot Dog \$2.00  Quantity

Popper \$1.00  Quantity

Form and correct money to be returned by Friday 21 August

Name .....Class .....

Hot Dog \$2.00  Quantity

Popper \$1.00  Quantity

Form and correct money to be returned by Friday 21 August

Name .....Class .....

Hot Dog \$2.00  Quantity

Popper \$1.00  Quantity

Form and correct money to be returned by Friday 21 August

## **Parent Action**

### **Kindergarten and Prep 2010**

**ACTION**                      Application forms due in now to ensure a place in Prep and Kindergarten, 2010

### **Outstanding Health Forms**

**ACTION**                      2009 Health Update/Excursion Health Form  
Please send in your 2009 Health Update/Excursion Health Form to the office as soon as possible. These are required for emergency contacts for your child

### **Newsletter By Email**

**ACTION**                      Please contact the office with your email address to enable the newsletter to be emailed to you

### **Horse Sport Families**

**ACTION**                      Please notify the office of your email address so you are kept up to date with upcoming events

### **Calrossy Ball**

**ACTION**                      Saturday 22 August 2009

### **Pizza Order**

**ACTION**                      Orders with money due by Wednesday 4:00pm



# Pizza Lunch Order

\$2.50 per slice



Choose from Hawaiian, Meat Lovers, Cheese or Chicken & Bacon  
Please indicate flavour of pizza and dates required

Name: \_\_\_\_\_ Class: \_\_\_\_\_

- Hawaiian
- Meat
- Cheese
- BBQ Chicken & Bacon

- |                                       |                                       |
|---------------------------------------|---------------------------------------|
| <input type="checkbox"/> 28 August    | <input type="checkbox"/> 21 August    |
| <input type="checkbox"/> 11 September | <input type="checkbox"/> 4 September  |
| <input type="checkbox"/> 25 September | <input type="checkbox"/> 18 September |
|                                       | <input type="checkbox"/> 2 October    |

Name: \_\_\_\_\_ Class: \_\_\_\_\_

- Hawaiian
- Meat
- Cheese
- BBQ Chicken & Bacon

- |                                       |                                       |
|---------------------------------------|---------------------------------------|
| <input type="checkbox"/> 28 August    | <input type="checkbox"/> 21 August    |
| <input type="checkbox"/> 11 September | <input type="checkbox"/> 4 September  |
| <input type="checkbox"/> 25 September | <input type="checkbox"/> 18 September |
|                                       | <input type="checkbox"/> 2 October    |

Name: \_\_\_\_\_ Class: \_\_\_\_\_

- Hawaiian
- Meat
- Cheese
- BBQ Chicken & Bacon

- |                                       |                                       |
|---------------------------------------|---------------------------------------|
| <input type="checkbox"/> 28 August    | <input type="checkbox"/> 21 August    |
| <input type="checkbox"/> 11 September | <input type="checkbox"/> 4 September  |
| <input type="checkbox"/> 25 September | <input type="checkbox"/> 18 September |
|                                       | <input type="checkbox"/> 2 October    |

Total Payment Enclosed \$ \_\_\_\_\_

Please make all cheques payable to Calrossy Anglican School  
All orders must be received by 4:00pm on Wednesday afternoons